

LEANNE *Sklaavenitis*

Founder Fitness Tips
Speaker & Author

speaker kit



Award winning personal trainer, group exercise instructor, coach, speaker and business woman, living an awesome life with Motor Neurone Disease

What happens when life brings you face to face with adversity? How do you respond?

Leanne reveals the pivotal role resilience and mindset plays in overcoming adversity and reaching your goals.



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Leanne Sklavenitis

KEYNOTE & GUEST PRESENTATION

Leanne's journey began in 2016 after a stumble up a few steps in a restaurant. Little did she know, this innocuous event was just the beginning of her body, and life, unravelling.

For more than 18 months Leanne searched for answers, trying to make sense of her worrying symptoms and deteriorating health. She was then given the devastating diagnosis of Motor Neurone Disease, with 2 - 3 years to live.

Leanne had a choice to make. Now, more than 6 years on, Leanne has been learning how to overcome adversity every day since. This journey has taught her the true meaning of resilience.

What Leanne Brings To Your Audience:

Leanne's story not only creates greater awareness and understanding of people living with disabilities, but leaves everyone feeling motivated to create positive change in their life, no matter what challenges they may face.

In her sessions Leanne shows:

- ☒ How she took ownership of her life and the choices she made to pave a way forward
- ☒ How she developed a growth mindset to overcome the adversity of living with a terminal illness
- ☒ How she learned through perseverance
- ☒ How setting goals has changed her life

MND may have robbed Leanne of the ability to speak, use her arms, or walk independently, but that has not held her back. Leanne now uses synthetic voice assistive technology to take her audience on an inspirational journey.

“ Leanne is an amazing MND Ambassador that not only helps people understand what living with MND is like, but also educates people on how to live life to the fullest! ”

MND&ME Foundation

“ Was so wonderful meeting and learning about your journey. Re-fuelled our motivation to stay positive and keep going! ”

Georgia Eleftheriou
Florey Institute of Neuroscience



Leanne travels from Brisbane and is also available for opportunities in Victoria.



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